



Media Release

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For immediate release

Pool Hours Set to Increase at RDCK Facilities

Nelson, BC: The Castlegar, Creston and Nelson Community Complexes will be offering increased hours of operation for their aquatic centres. The expanded hours of operation will begin at the Castlegar and District Community Complex on April 14 and at the Creston and Nelson Community Complexes on April 21.

“We are happy to announce, that we can now begin to offer increased hours of operation at our three main facilities,” said Craig Stanley, Regional Manager – Operations and Asset Management. “These increased hours of operation would not have been possible without the effort taken to promote and provide training opportunities within the RDCK region.”

Starting in early 2023, the RDCK began offering subsidized courses to support the continued growth and succession of lifeguards, swim instructors, fitness instructors and personal trainers.

“Staffing availability has significantly increased when the RDCK began offering free and subsidized training opportunities,” said Stanley. “With the increase in qualified staff, we are now able to offer increased hours of operation at our three main recreation facilities, with the potential of continued increases to come.”

The increased hours of operations for each facility are as follows:

Castlegar and District Community Complex

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
New Pool Hours	9:00am – 4:00pm	6:00am – 8:00pm	*6:30am – 8:00pm	6:00am – 8:00pm	2:00pm – 8:00pm	6:00am – 8:00pm	9:00am – 4:00pm

Creston and District Community Complex

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
New Pool Hours	1:00pm – 6:00pm	CLOSED	*9:00am – 2:00pm *3:30pm – 8:00pm	*6:30am – 2:00pm 3:30pm – 8:00pm	*9:00am – 2:00pm *3:30pm – 8:00pm	*6:30am – 2:00pm 3:30pm – 8:00pm	11:00am – 4:00pm

Nelson and District Community Complex

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
New Pool Hours	*9:00am – 7:00pm	6:00am – 8:30pm	*6:00am – 8:30pm	6:00am – 8:30pm	*6:00am – 8:30pm	6:00am – 9:30pm	*9:00am – 8:00pm

*Notes increased hours

You can find all pool, fitness centre and facility hours of operation on our website at rdck.ca/recreation.

Anybody who is interested in pursuing their lifeguard, swim instructor, fitness instructor or personal trainer certification can contact any of our RDCK facilities or visit rdck.ca/GetTraining for information about training opportunities.

Incorporated in 1965, the Regional District of Central Kootenay (RDCK) is a local government that serves 60,000 residents in 11 electoral areas and nine member municipalities. The RDCK provides more than 160 services, including community facilities, fire protection and emergency services, grants, planning and land use, regional parks, resource recovery and handling, transit, water services and much more. For more information about the RDCK, visit www.rdck.ca.

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For further information, please contact:

Craig Stanley

Regional Manager – Operations and Asset Management

Regional District of Central Kootenay

Tel: 236.532.2030

Email: cstanley@rdck.bc.ca

For media enquiries:

Dan Elliott

Communications Coordinator

Regional District of Central Kootenay

Tel: 250.354.3476

Email: delliott@rdck.bc.ca